

紙包米水

Paper Pack Rice Water



朝·米水

Dawn Rice Water

紅米、白米、薏米
Red Rice, White Rice,
Coix Seeds

啟動身體引擎
Start The Body Engine

注意：懷孕期間不宜飲用
Note: Not suitable for pregnant women.

夕·米水

Dusk Rice Water

紅米、白米、黑芝麻、黑豆
Red Rice, White Rice,
Black Sesame, Black Beans

能量補充
Replenish Energy

銷售點：

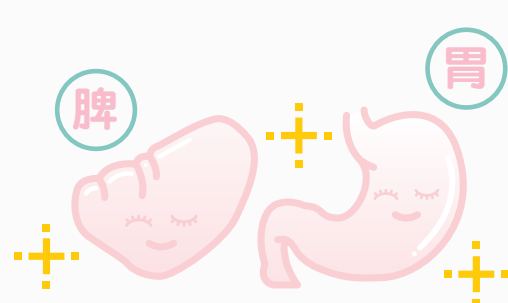


米水的重要性

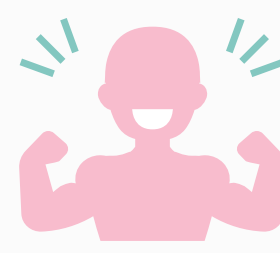
Importance of Rice Water

維持脾胃運作

Maintain The Function Of Spleen And Stomach!



消化系統
The Digestive System



健康基礎
Basis of Health

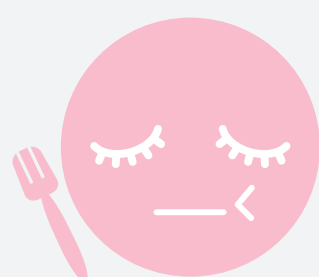
- ✓ 消化 Digestion
- ✓ 轉化並吸收營養 Improve nutrient absorption
- ✓ 排出多餘水份 Relieve water retention

解決四大健康問題

Solve Four Common Health Issues!



容易疲倦
Fatigue



食慾不振
Lack of appetite



身體浮腫
Bloatedness



面色偏黃欠光澤
Yellowish and dull complexion

脾胃虛弱的人身型可呈現兩種極端，食量大卻不長肉，食量少身型還是很圓潤，適當飲用米水能調理脾胃，使其功能優質化，從而對個別人士的體重進行相應調節。

A weak digestive system may manifest itself in two different ways — some people seem to never gain an ounce regardless of what they eat, while others will easily put on weight even if they don't eat very much. Drinking rice water appropriately restores the spleen and stomach functions and helps the body regulate weight.

男女老幼咸宜

Suitable For The Entire Family



女 Female

米水是最好的養顏液，脾胃健康不面黃，不易長胖及水腫。

Rice water is great for the skin. Healthy spleen and stomach helps to alleviate yellowish complexion, avoid unexplained weight gain and bloatedness.



男 Male

米水加入黑豆黑芝麻可為身體減低虛耗，趕走疲態，更可補腎烏髮。

Rice water with black beans and black sesame can reduce body depletion and fatigue, as well as replenish the kidneys to improve hair quality.



小兒 Children

從小養好脾胃，改善無胃口，有助發育。

Maintain healthy spleen and stomach at a young age to improve lack of appetite and enhance growth.



長者 Elderly

健脾胃有助吸收食物營養，每天活力充沛。

Healthy spleen and stomach improves nutrient absorption to keep you energetic!

健康是一種習慣 Make Healthy Living a Habit

「脾為後天之本」，要強身防病，先要養好脾胃。養脾胃並不是一朝一夕的事，而是要養成一種良好習慣，每天飲用米水的好習慣。

CheckCheckCin小心拿捏米水的比例，製成配方，屬性平和，老少咸宜，志不在增肥，而是讓大家「湊米氣」。都市人生活忙碌，交際應酬在所難免，壓力爆煲時要戒口更是難熬。忙碌會為脾胃添上負擔，建議每天飲用米水，簡單減輕脾胃負擔。

CheckCheckCin carefully formulated rice water recipes to ensure they are mild in nature and suitable for the entire family. It is not created for weight gain but to provide a means to healthy living. People have busy lives, when coupled with intense pressure, it can be hard to always eat healthily. Being busy can add to the burden of the spleen and stomach, so we suggest having rice water daily to alleviate the load.



「建議每天飲用米水，全日任何時候皆可飲用」
"Rice water is suitable for daily consumption at anytime in the day."